

STUDENT INTAKE & CONSENT FORM

SACRED HERBAL ARTS™

Certified Herbal Energetics Practitioner Training – Traditional, Medicinal & Energetic Healing with Herbs

Presented by: Siona Glasson – Master Herbalist, Herbal Energetics Expert, Energy Healer of Anois Wellness Pty Ltd

Please fill in this form and email back to anois.student@outlook.com. Your enrolment will be confirmed via email or phone by 1st February 2026.

Part 1: Student Details

Field	Your Details
Full Name	
Preferred Name	
Date of Birth	
Address	
Phone / Mobile	
Email	
Emergency Contact Name	
Emergency Contact Phone	
Medical Conditions / Allergies	
Medications	
Previous Herbal / Healing / Energy Experience	
What existing Natural/Medicinal qualifications do you have?	
Preferred Payment Option (plus \$499 deposit)	<input type="checkbox"/> \$1899 Upfront (\$400 discount – no deposit) <input type="checkbox"/> \$120 pw over 15 weeks <input type="checkbox"/> \$60 pw over 30 weeks <input type="checkbox"/> Afterpay <input type="checkbox"/> Pay-as-you-go

Part 2: Course Information

1. Course Name: Sacred Herbal Arts™ – Certified Herbal Energetics Practitioner Training
2. Total Hours: 300 hours
3. Mode of Delivery: Hybrid – Internal (in-person) & External (online/self-paced)
4. Location: Carpe Diem with Remi, 158 Commercial Rd, Port Adelaide on Mondays
5. Start Date: 16th March 2026 (may be subject to change)
6. Completion Timeframe: 15-30 weeks (flexible)

Part 3: Health & Safety Declaration

I acknowledge and agree that:

- I may handle herbs, resins, powders, and plant materials, some of which may be restricted, toxic, or potentially hazardous.
- I have disclosed any allergies, medical conditions, or medications that may affect my participation.
- I will follow all safety, hygiene, and handling protocols provided by the instructor.
- I understand the importance of ethical, safe, and culturally respectful practice.
- I will report any adverse reactions, injuries, or hazards immediately.

Medical Declaration (tick as appropriate):

1. ☐ I have no medical conditions preventing participation
2. ☐ I am fit enough to walk up stairs to access the classes on Mondays
3. ☐ I have medical conditions/allergies/sensitivities (details attached)

Part 4: Consent for Participation

I, the undersigned, consent to participate in all aspects of the Sacred Herbal Arts Practitioner Program, including:

- Hands-on herbal preparation and blending
- Practical exercises using medicinal and magickal herbs
- Rituals, energy work, and spiritual exercises
- Attendance of internal (in-person) and external (online/self-paced) lessons

I acknowledge that participation involves inherent risks associated with herbal, energetic, and spiritual practices. I release and hold harmless Anois Wellness Pty Ltd, its facilitators, and employees from any liability for injury, property damage, or other incidents arising from participation, except in cases of proven negligence.

Part 5: Energetic & Spiritual Practices

- Content in this course involves energetic, spiritual and intuitive practices and individual experiences may vary. The facilitator makes no guarantees regarding energetic outcomes, healing effects, or metaphysical results.
- While all information is provided in good faith, I understand there are no guarantees regarding specific outcomes or results.
- I agree to maintain integrity of the space by refraining from intentionally projecting harmful or manipulative energy towards the group, facilitator, or teachings.
- Unless otherwise authorised, students may not offer healing, energetic, or herbal treatments to other participants during the course. Practice activities are for learning only and must be conducted safely and ethically.

Part 6: Confidentiality & Respect

- All discussions, experiences, and materials shared within this course are to be treated as confidential and respectful. I agree not to disclose, record, or distribute the personal information or stories of other participants.
- All students have the right to a learning environment that is inclusive, respectful, and free from discrimination or harassment. The facilitator reserves the right to remove any participant whose behaviour disrupts or harms others, without refund.
- Anything shared within live sessions, group discussions, or online spaces must remain strictly confidential. I agree not to record, screenshot, or disclose any personal stories or experiences shared by others.
- This is a sacred and educational space. Participants are encouraged to share from the heart, listen without judgment, and hold space for one another with compassion. Energy work, spiritual experiences, or emotional releases are to be respected and never analysed, diagnosed, or criticised.
- The facilitator will provide guidance, education, and support to the best of their ability. However, the facilitator is not responsible for individual interpretations, emotional reactions, or outcomes arising from participation in this course.
- Breaching group confidentiality may result in immediate removal from the course community and forfeiture of certification rights.

Part 7: Intellectual Property & Copyright

- All course materials — including but not limited to videos, written content, audio recordings, images, documents, rituals, formulas, herbal blends, and practices — are the exclusive intellectual property of Anois Wellness Pty Ltd and Siona Glasson.
- These materials are provided solely for your personal study and spiritual development within this program. They may not be copied, reproduced, shared, distributed, taught, sold, or used to create derivative or competing offerings, trainings, or materials without prior written consent from Anois Wellness Pty Ltd.

- I understand that unauthorized use, reproduction, or dissemination of any course material constitutes a breach of copyright and intellectual property law and may result in legal action or the termination of course access and certification.
- All obligations of confidentiality, non-competition, and intellectual property protection remain in force indefinitely, including after course completion.

Part 8: Restricted & Poisonous Herb Awareness

I understand that this course includes study and handling of restricted or potentially toxic herbs, including but not limited to:

- Foxglove, Hemlock, Belladonna, Datura, Mandrake, Aconite, Ephedra, Oleander

I agree to:

- Follow all instructor guidance and safety protocols
- Handle these herbs only as directed in supervised sessions
- Conduct independent research and follow ethical and legal boundaries

Part 9: Media, Photography & Work Consent

I consent / do not consent (circle one) to:

- Photographs or video recordings of myself for educational or promotional purposes
- Use of my practical work, formulations, or projects in course documentation or marketing

Part 10: Communication

- By enrolling in this course, I agree to uphold professional and respectful communication at all times — including on social media, review platforms, and other public forums.
- Any statements, reviews, or comments made about this course, its content, or its creator must be honest, fair, and in accordance with applicable defamation and consumer laws. Participants are personally liable for any false, misleading, defamatory, or damaging statements made publicly or privately that result in harm to the reputation, business, or livelihood of the course provider or any associated individuals.
- The course provider reserves the right to take appropriate legal or administrative action in response to defamatory or harmful conduct, including but not limited to seeking damages and reporting misconduct to relevant authorities or platforms.

Part 11: Privacy & Data Protection

I understand that personal information collected in this form will be:

- Used for enrolment, course administration, and certification purposes
- Stored securely and treated confidentially
- Not shared with third parties without consent, except as required by law

Part 12: Payment of Fees

I acknowledge that:

- A non-refundable deposit of \$499 is required upon enrolment.
- I will pay all course fees in full according to my selected payment plan. I will be responsible for all legal costs and expenses for any legal action taken against me to recover unpaid fees.
- I understand that certification may not be issued until all fees are paid in full.
- Students must not retain or distribute materials if their access is revoked or enrolment is terminated.
- If I decide to formally withdraw, I will notify Anois Wellness Pty Ltd in writing via email at contact@anoiswellness.com. Refunds for lessons or modules not yet shared or completed may be considered at the discretion of the provider. Allow 7–14 business days for processing.

Part 13: Complaints Procedure

I understand that:

- A grievance procedure exists to resolve complaints regarding the course, instructors, staff, or other students.
- A copy of the complaints procedure is available at www.anoiswellness.com.

Part 14: Disclaimer and Waiver

I understand that upon completion of this Certificate, I will be classified as a "Herbal Energetics Practitioner/Holistic Healer" (or similar) but **not a licensed Naturopath or Herbalist** and I am **not qualified to diagnose, prescribe, or commercially manufacture medicines** for therapeutic use without a formal Degree or Advanced Diploma in the associated industry or without TGA approval.

- This course focuses on "Traditional, Medicinal & Energetic Healing" and is for educational, spiritual, or personal use of herbs, not for clinical diagnosis or prescription.
- The course is offered for spiritual, ritual, and educational purposes only. It does not train or certify the student as a licensed or registered Clinical Herbalist, Naturopath, or medical practitioner.
- I acknowledge that certain substances discussed are **Prohibited (Schedule 9)** or **Restricted** under Australian law (SUSMP) and that the course content is academic/cultural and does not endorse, encourage, or provide instruction for the illegal possession, manufacture, or supply of these substances within Australia.
- The hands-on training (teas, tinctures, etc.) is for personal/ritual use only and complementary to alternative careers. Anois Wellness and the instructor are not responsible for the student's subsequent manufacture, sale, or therapeutic application of any remedy.
- Acknowledge my responsibility for my own safety and wellbeing during practical and energetic exercises.

- I consent to participation in herbal, spiritual, and energy practices as part of this program.
- I understand that payment of all fees is required for certification.
- I understand that any breach of these terms may result in immediate termination from the course.
- I am responsible for any harm, loss, or damages caused by misuse of Anois Wellness's materials, breach of confidentiality, or defamatory conduct.
- Graduates are not authorized to diagnose, treat, or prescribe for any medical condition. Any advice given to clients must be clearly defined as Energetic, Spiritual or Educational in nature, unless you hold a separate qualification in a complementary industry.

Student Agreement

By signing this form, I confirm that I:

- Have read and understood the course outline, safety, ethical, and financial requirements and all Parts herein;
- Agree to abide by the course code of conduct (below) and ethics

Student Signature

Name: _____

Signature: _____

Date: _____

Instructor / Facilitator Acknowledgement

Name: _____

Signature: _____

Date: _____



Anois Wellness Pty Ltd

W: www.anoiswellness.com

P: 0433 521 327

Instagram: @gardengypsyadelaide @anoiswellness

© Anois Wellness 2020 – 2026

STUDENT CODE OF CONDUCT

Purpose

Participation in this course represents a commitment to personal integrity, mutual respect, and responsible learning. This Code of Conduct establishes the ethical, behavioural and academic standards required to ensure a safe, inclusive and sacred space for all participants.

- Adherence to this Code is mandatory for all students.
- Breaches of this Code may result in disciplinary or legal action, including removal from the course.

1. Respect and Inclusion

- Treat all students, facilitators, and guests with courtesy, dignity, and respect.
- Honour diversity of background, belief, culture, identity, and lived experience.
- Bullying, harassment, discrimination, vilification or intimidation will not be tolerated.
- Everyone shares responsibility for maintaining a supportive and inclusive learning environment.

2. Confidentiality and Sacred Space

- Respect the privacy and confidentiality of all participants.
- What is shared within the course community—personal stories, reflections, experiences—must remain private.
- Recording, screenshotting, or sharing discussions or materials without consent is prohibited.
- Listen with compassion, share with integrity, and refrain from judging, diagnosing, or analysing others.
- Breaches of confidentiality may result in removal from the course and forfeiture of certification rights.

3. Honesty, Integrity, and Academic Conduct

- Uphold honesty and integrity in all course participation, assignments, and assessments.
- Avoid plagiarism, misrepresentation, falsification, and misuse of technology.

3.1 Authentic Work

- Submit only your own original work and ideas.
- Acknowledge all sources and quotations appropriately.
- Copying, paraphrasing, or presenting another's work without reference constitutes plagiarism.

3.2 Use of Artificial Intelligence (AI)

- AI tools (e.g., ChatGPT, Claude, Gemini) may be used for idea generation, but not as a replacement for your own reflection or expression.
- If AI is used in drafting, editing, or summarising, this must be clearly disclosed.
- Submitting AI-generated content as your own constitutes academic misconduct.
- Students must use AI ethically, transparently, and with discernment.

3.3 Plagiarism and Collusion

- Plagiarism includes presenting another's ideas, words, or AI outputs without citation.
- Collusion—unauthorized collaboration on individual tasks—is prohibited.

- Verified cases of plagiarism or collusion may result in academic penalties or removal from the course.

3.4 Assessment and Examination Conduct

- During any tests, quizzes, or assessments, follow all facilitator instructions.
- No unauthorized materials, communication, or aids are permitted.
- Misrepresentation, falsified data, impersonation, or forged signatures constitute serious misconduct.

4. Responsibility for Learning

- Take ownership of your engagement, participation, and progress.
- Arrive prepared, complete course requirements, and contribute positively to the group.
- You may opt out of activities that feel unsafe or inappropriate to your wellbeing.
- Facilitators provide education and support but cannot guarantee personal outcomes.

5. Personal Presentation, Hygiene, and Workplace Safety

- Maintain a clean, tidy, and professional appearance at all times.
- Wear non-fluff, clean clothing appropriate for herbal production and practical sessions.
- Maintain personal hygiene: clean hair, neat nails, fresh body odour (no alcohol, tobacco, or strong scents).
- Hair must be tied back or contained with a hair net when handling materials.
- Men must be clean-shaven or maintain neat facial hair.
- Shoes must be clean, enclosed, well-fitting, and non-slip.
- Aprons are required for production work; face masks must be worn when using volatile oils, alcohol, or powders.
- Avoid jewellery or accessories that pose contamination or safety risks.
- Follow all Work Health & Safety (WHS) instructions.
- Students may be asked to leave a session if hygiene or safety standards are not met.

6. Herbal and Material Handling Protocols

- Students acknowledge the use of potentially hazardous materials, including herbs such as Foxglove, Hemlock, Belladonna, Datura, Mandrake, Aconite, Ephedra, and Oleander.
- Follow all safety and handling instructions precisely.
- Disclose any medical conditions, allergies, or medications that may affect participation.
- Report injuries, allergic reactions, or hazards immediately.
- Offering herbal or energetic treatments to others without facilitator approval is prohibited.
- Practice sessions are for supervised learning only.

7. Intellectual Property and Copyright

- All course materials—including videos, documents, rituals, formulas, and blends—are the intellectual property of Anois Wellness Pty Ltd and Siona Glasson.
- Materials are provided for personal learning only and may not be copied, shared, sold, or used for derivative works without written consent.
- Intellectual property protections remain in force indefinitely after course completion.

8. Professional Conduct and Public Representation

- Communicate respectfully and professionally in all settings—class, online, and social media.
- Avoid language or behaviour that is defamatory, harmful, or disrespectful.
- Represent the course with integrity and uphold its reputation publicly.
- Any statements, reviews, or comments must be honest, factual, and lawful.
- Students are personally liable for defamatory or misleading statements made about the course, its facilitators, or other students.

9. Conflicts of Interest and Ethical Boundaries

- Disclose any personal, professional, or financial interests that may create a conflict.
- Do not use course materials or relationships for unapproved commercial purposes.
- Unsolicited marketing, recruitment, or offering services to participants is prohibited.

10. Health, Safety, and Wellbeing

- Participate in ways that support your own safety and that of others.
- Refrain from attending classes under the influence of alcohol or any impairing substance.
- Handle all tools and sacred items with respect and care.
- Seek facilitator or professional support if emotional or physical distress arises.

11. Technology and Digital Etiquette

- Use course platforms responsibly and legally.
- Do not share login credentials or misuse recordings or online materials.
- Engage online with presence, courtesy, and mindfulness.
- Maintain digital security and confidentiality at all times.

12. Complaints, Concerns, and Conflict Resolution

- Raise concerns or complaints respectfully and privately with the facilitator.
- Issues will be addressed confidentially, fairly, and compassionately.
- The facilitator reserves the right to suspend or remove participants who breach this Code.

13. Scope of Practice and Certification

- Upon completion, students are recognised as Herbal Energetics Practitioners / Holistic Healers, but not licensed Naturopaths, Herbalists, or Medical Practitioners.
- Graduates are not qualified to diagnose, prescribe, or manufacture medicines for therapeutic use without accredited tertiary qualifications.
- All advice provided to clients must be clearly described as Energetic, Spiritual, or Educational.
- Graduates must practice ethically within the limits of their training and in compliance with all relevant laws.

14. Legal and Ethical Compliance

- Students must comply with all applicable laws, ethical frameworks, and institutional policies.
- This Code is governed by the laws of South Australia.

- Legal obligations and responsibilities continue after course completion.

15. Breach of Conduct and Consequences

- Breaches of this Code will be addressed seriously, with fairness and due process. Possible outcomes include:
 - Verbal or written warnings;
 - Suspension or permanent removal from the course;
 - Academic penalties or disqualification from certification;
 - Forfeiture of fees; and/or
 - Legal action for damages arising from misuse of materials, defamation, or breach of confidentiality.

16. Commitment to Ethical and Sacred Learning

By enrolling, you commit to:

- Acting with honesty, compassion, and professionalism;
- Maintaining high standards of hygiene, presentation, and safety;
- Respecting confidentiality, diversity, and intellectual property;
- Using AI and technology ethically and transparently;
- Taking responsibility for your personal and academic growth; and
- Contributing to a sacred, safe, and uplifting learning environment for all.

Student Signature

Name: _____

Signature: _____

Date: _____



Anois Wellness Pty Ltd

W: www.anoiswellness.com

P: 0433 521 327

Instagram: @gardengypsyadelaide @anoiswellness

© Anois Wellness 2020 – 2026

STUDENT CODE OF ETHICS – 29 PILLARS OF PRACTICE

Purpose

This Code of Ethics outlines the guiding values and professional standards expected of all students and graduates of the Sacred Herbal Arts™ program.

It exists to ensure that every practitioner embodies integrity, compassion, and respect for all beings — human, plant, and spirit — while upholding the sacred, educational, and ethical foundation of the Anois Wellness community.

1. Quality and Duty of Care

Practitioners must provide services to the highest possible standard, ensuring client safety, wellbeing, and professional responsibility in every action. Duty of care extends to all aspects of practice, from assessment and treatment to follow-up and referral.

- Maintain knowledge, skills, and competence relevant to your practice.
- Follow professional protocols and best practice standards.
- Take appropriate action if a client's safety or wellbeing is at risk.
- Prioritise your physical, emotional, and energetic wellbeing and that of others.
- Adhere to all safety protocols regarding herbal handling, preparation, and storage.
- Never diagnose, prescribe, or offer treatment beyond your level of training or certification.
- Encourage clients and peers to seek professional medical care when appropriate.
- Maintain hygiene, cleanliness, and safe practice environments at all times.

2. Establishing & Maintaining Boundaries

Practitioners must maintain clear professional boundaries to protect both themselves and clients, preventing dependency, dual relationships, or unethical influence.

- Clearly define the scope of your professional relationship.
- Avoid engaging in personal, financial, or romantic relationships with clients.
- Refrain from behaviour that could confuse or manipulate the client-practitioner dynamic.
- Maintain clear and healthy boundaries with peers, clients, and facilitators.
- Never exploit vulnerability for personal, financial, or energetic gain.
- Respect the energetic autonomy of others—never project, attach, or manipulate energy intentionally.
- Engage in regular grounding, clearing, and self-care practices to maintain energetic balance.

Frame your business around what you are prepared to allow, and the people you know you can assist. Do not try to create a fully non-judgemental space for a cultural group or set of individuals that you do not feel comfortable working with. For example, if you find it difficult to work with the opposite sex, or a cultural group, due to past trauma or other reasons, then ensure you are transparent in your limits before advertising your services. Ensure people know and appreciate your boundaries.

3. Legal and Professional Boundaries

- Comply with all relevant laws, health regulations, and professional codes of practice.

- Represent your scope of training accurately and do not imply licensed medical authority.
- Provide clear disclaimers to clients or students regarding the nature and limits of your work.
- Seek legal and ethical guidance when unsure of your professional obligations.

4. Respect for Client Autonomy and Choice

Practitioners must not pressure, coerce, or manipulate clients into receiving services or continuing care. All interactions should respect the client's freedom to make informed choices, seek alternative practitioners, or discontinue services without fear, guilt, or undue influence. Respect the client's right to make informed decisions regarding their health, healing, or treatment plan. Support autonomy through transparent communication and provision of options.

- Avoid language or behaviour that implies clients must only work with you.
- Provide clients with transparent information about options, referrals, and their rights.
- Honour client decisions, even if they choose to change or discontinue services.
- Treat all learning spaces—physical or virtual—as sacred containers of safety and respect.

5. Privacy & Confidentiality

Practitioners must safeguard all client information, records, and session content. Disclosure of any information is permitted only with the client's consent or where legally or ethically required. Protecting privacy ensures clients feel safe, respected, and confident in sharing personal information.

- Maintain confidentiality in all communications, including verbal, written, and electronic forms.
- Store client records securely, ensuring they are only accessible to authorized personnel.
- Disclose information only when required by law, professional duty, or with explicit client permission.
- Avoid discussing client details outside of professional contexts, including with colleagues, friends, or family, unless appropriately authorized.
- Protect all personal, spiritual, or medical information shared by others during training or practice.
- Honour the privacy and vulnerability of all participants.
- Never record, share, or disclose private stories or experiences without explicit consent.

6. Record Keeping & Client Record Retention

Practitioners must maintain accurate, thorough, and secure records of all client interactions, treatments, and communications. Proper record keeping ensures continuity of care, legal compliance, and accountability while protecting client privacy (aligned with Clause 17 of the National Code).

- Record client details, treatment plans, session notes, and any relevant observations clearly and accurately.
- Ensure records are stored securely, whether digital or physical, and only accessible to authorized personnel. Do not leave records in open view of on-lookers.
- Update records promptly to reflect any changes in client care, treatment outcomes, or referrals.

- Maintain records in accordance with legal, regulatory, and professional requirements.
- Respect client confidentiality when documenting, avoiding unnecessary or sensitive details that are not relevant to care.
- Practitioners must retain client records for the legally and professionally required period to ensure continuity of care, accountability, and compliance with regulatory standards. Proper retention protects both clients and practitioners.
- Keep adult client records for at least 7 years from the date of the last service.
- Keep records for minors until at least 7 years after they reach the age of 18, or longer if required by law.
- Retain records related to legal, insurance, or complaint matters until all matters are fully resolved.
- Ensure records are stored securely, whether digital or physical, and access is limited to authorized personnel.
- Destroy records securely after the retention period, ensuring client confidentiality is fully maintained.

7. Dignity and Worth of all Beings

Practitioners must recognize and honour the intrinsic value of every individual, treating all clients with fairness, compassion, and respect.

- Avoid discrimination or bias based on culture, gender, age, ability, beliefs, or background.
- Validate client experiences and emotions – never discount their experiences compared to your own
- Promote inclusivity and equitable treatment in all interactions.

8. Treat the Whole Person

Practitioners should consider the client's physical, emotional, mental, and spiritual wellbeing, addressing symptoms within a holistic framework.

- Observe and acknowledge all aspects of the client's wellbeing.
- Consider interactions between physical, emotional, and spiritual factors.
- Refer to other professionals when the client's needs exceed your expertise.

9. Competence

Practitioners must practice only within their level of education, training, and expertise, seeking supervision, further learning, or referral when necessary.

- Engage in ongoing professional development.
- Seek guidance when faced with situations outside your expertise.
- Avoid providing treatments or advice beyond your scope of practice.

10. Non-Judgmental Attitude

Practitioners should provide a safe, supportive environment by avoiding bias, criticism, or assumptions, allowing clients to share freely.

- Listen actively and empathetically without interrupting or dismissing concerns.
- Refrain from imposing personal beliefs or opinions, unless it's in alignment with the client's beliefs and opinions (sharing common opinions)
- Encourage open communication and honest expression.
- Listen deeply and with empathy.
- Refrain from criticism, comparison, or judgment of others' experiences, beliefs, or paths.
- Cultivate patience, humility, and kindness in all interactions.

- Hold space with love and neutrality, recognising that healing and growth unfold differently for each individual.

11. Accountability

Practitioners must take responsibility for their actions, decisions, and professional conduct. Mistakes should be acknowledged and corrected promptly.

- Accept responsibility for errors or omissions.
- Engage in reflective practice to improve skills and decision-making.
- Report or address unsafe practices when observed.
- Offer refunds and/or ensure you have a refund policy in place.

12. Empathy

Practitioners should demonstrate understanding and compassion for client experiences while maintaining professional objectivity.

- Validate client feelings and perspectives.
- Respond with kindness and patience.
- Balance empathy with professional boundaries.

13. Truth & Honesty

Practitioners must communicate truthfully in all aspects of practice, including record-keeping, client interactions, and professional representation. Honesty also extends inward: practitioners must be honest with themselves about their own abilities, limitations, and fitness to practice, ensuring they provide services with integrity and self-awareness.

- Clearly explain services and any potential outcomes or limitations.
- Provide honest information regarding qualifications and experience.
- Represent skills, services, and qualifications accurately.
- Provide realistic expectations about outcomes and progress.
- Avoid misleading or deceptive statements.
- Regularly reflect on personal capacity and boundaries, seeking support or referral when necessary.
- True self awareness is key to ultimate truth and honesty – do not let ego or outside influences cloud your better judgement. Be realistically self-aware of your capabilities, limitations and fears.

14. Authenticity & Adaptability

Practitioners should engage clients as their genuine self while maintaining professionalism, fostering trust and rapport.

- Be consistent in words, actions, and values.
- Maintain transparency in intentions and communication.
- Build authentic relationships that support client wellbeing.
- Represent your qualifications, experience, and training truthfully.
- Avoid deceit, manipulation, or misrepresentation in professional or spiritual practice.

15. Clear and Adapted Communication

Practitioners must communicate clearly, respectfully, and effectively with clients, colleagues, and other professionals, adapting their communication style to meet the needs of the individual while ensuring understanding, consent, and engagement.

- Use language that is understandable and appropriate for the client's age, culture, and level of knowledge.

- Adapt communication style to accommodate learning preferences, cultural background, or language differences.
- Check for understanding by encouraging questions and clarifying any misunderstandings.
- Maintain professional and respectful tone in all verbal, written, and digital communications.
- Provide information in multiple formats if necessary (e.g., visual aids, demonstrations, summaries) to support comprehension.
- Avoid jargon, assumptions, or ambiguous statements that could confuse or mislead the client.
- Communicate truthfully and respectfully—in person, online, and in public.
- Do not engage in gossip, defamation, or the spread of misinformation.
- Represent the Sacred Herbal Arts™ community with honour, professionalism, and gratitude.
- Use social media responsibly, ensuring all content reflects the ethics of respect, truth, and integrity.

16. Transparency

Practitioners must provide clarity regarding processes, expectations, risks, and costs to prevent misunderstandings and empower clients.

- Clearly communicate session structure, procedures, and timelines.
- Inform clients of potential risks or limitations.
- Provide detailed explanations for any recommended treatment or action.

17. Work Environment – Cleanliness & Hygiene

Practitioners must maintain a physically and energetically clean, safe, and welcoming space for practice.

- Ensure treatment areas are sanitized and organized.
- Remove hazards and maintain comfortable client surroundings.
- Prepare the environment energetically for safe and focused work (see *Spiritual Hygiene* below).

18. Presentation

Practitioners should present themselves professionally through attire, grooming, and demeanour to build client confidence and comfort.

- Dress appropriately for the professional setting.
- Maintain personal hygiene and grooming standards.
- Project professionalism in body language and communication.

19. Respect for All Beings

Practitioners must treat all clients, colleagues, and community members with kindness, fairness, and cultural sensitivity.

- Recognize and honour diversity in all forms.
- Avoid discriminatory or prejudicial behaviour.
- Promote collaborative and respectful interactions.
- Treat every person, plant, and living system with dignity and reverence.
- Acknowledge and honour the cultural, ancestral, and ecological wisdom that informs herbal and energetic traditions.
- Avoid appropriating or exploiting Indigenous or cultural practices without consent or understanding.

- Show gratitude to the earth and the plant kingdom as sacred teachers and allies.

20. Professional and Personal Integrity

Practitioners must act consistently with ethical principles, aligning words, values, and actions in all professional and personal interactions.

- Conduct yourself with honesty, transparency, and sincerity in all actions, words, and intentions.
- Take personal responsibility for your words, work, and energy.
- Honour the trust placed in you as a student and future practitioner.
- Avoid compromising integrity for personal gain or convenience.
- Uphold commitments and responsibilities to clients and colleagues.

21. Conflicts of Interest

Practitioners must identify and disclose any personal, financial, or relational interests that could compromise professional judgment.

- Avoid situations where personal interests conflict with client wellbeing.
- Declare potential conflicts openly and take steps to mitigate them.
- Prioritize client needs above personal gain.

22. Working with Children

Practitioners must ensure the safety, wellbeing, and protection of children in all professional interactions, complying with legal requirements and best practice standards.

- Obtain and maintain a valid Working With Children Check (WWCC) or equivalent clearance when working with children.
- Complete relevant training in child safety, protection, and communication, particularly if working with more than five children in a calendar year, or as required by legislation.
- Create a safe, supportive, and age-appropriate environment for children at all times.
- Maintain professional boundaries and avoid any behaviour that could compromise the child's safety or wellbeing.
- Ensure parents, guardians, or caregivers are informed and consent is obtained for all services involving children.
- Report any concerns of abuse, neglect, or harm in accordance with legal and organizational requirements.

23. Fitness to Practice

Practitioners must ensure physical, mental, and emotional capability to work safely and effectively, refraining from practice when impaired or unwell (aligned with Clause 13 of the National Code):

- Monitor personal health and wellbeing to maintain safe practice.
- Avoid working while under the influence of substances that impair judgment.
- Seek support or supervision when experiencing personal or professional challenges.

24. Accountability to Ethical Standards

Practitioners must regularly review personal and professional conduct to ensure alignment with this code, seeking guidance, supervision, or professional development as needed.

- Engage in reflective practice and self-assessment.
- Seek feedback from peers, mentors, or supervisors.
- Commit to continual improvement in professional conduct and client care.
- Maintain professionalism in all course activities, communications, and public representation.
- Accept feedback and correction gracefully as part of your growth.
- Take responsibility for your mistakes, learn from them, and make amends where needed.
- Commit to continuous self-reflection, learning, and ethical evolution.

25. Handling Disgruntled or Dissatisfied Clients

Practitioners must manage client dissatisfaction professionally, respectfully, and constructively, ensuring the client feels heard and supported while maintaining professional boundaries and ethical standards.

- Listen actively and empathetically to the client's concerns without interrupting or becoming defensive.
- Acknowledge the client's feelings and experiences, validating their perspective while remaining professional.
- Provide clear explanations, options for resolution, or referrals if the client's needs exceed your scope of practice.
- Maintain written records of complaints, concerns, and actions taken to resolve the matter.
- Avoid arguments, personal attacks, or retaliation; remain calm, respectful, and solution-focused at all times. It is not necessary to block clients and/or colleagues' phone numbers or social media platforms unless there are clear violations in privacy and/or harassment.
- Escalate the matter to appropriate supervisors, mediators, or regulatory bodies if necessary, in accordance with professional guidelines.

26. Energetic Awareness & Protection

Practitioners must maintain awareness of the energetic dimensions of their work and uphold practices that align with light-force and life-force energy. Integrity in energy work requires discernment, boundaries, and respect for spiritual laws of conduct. Practitioners must never attempt to use or manipulate dark forces, as these energies are incompatible with healing and light work. Even borderline entities such as Hecate or Anubis need to be treated with caution – they will always want something in return which will not be for your Highest Good.

- Work with clarity and intention, ensuring all practices are grounded in benevolence, healing, and respect for universal life force.
- Recognize that some spirits or energies may present themselves as positive guides but carry deceptive or harmful intent. Maintain discernment, self-awareness, and protective practices to safeguard both yourself and clients.
- Establish and maintain clear energetic boundaries with clients, spaces, and spiritual beings. Avoid any practices that exploit, coerce, or manipulate energy.
- Regularly engage in spiritual hygiene and grounding practices to cleanse your field, protect your space, and ensure alignment with light force energy.
- If encountering energies that feel heavy, deceptive, or misaligned, withdraw from the interaction and apply appropriate protective measures (cleansing, shielding, banishment, or referral to a specialist where necessary).

27. Ethical Use of Knowledge and Power

- Use herbal, energetic, and spiritual knowledge responsibly, never for harm, manipulation, or personal gain.
- Maintain humility in your role as a learner and practitioner—no individual holds absolute truth.
- Empower others rather than create dependency or hierarchy.
- Uphold the integrity of sacred teachings by sharing only what you are qualified and permitted to share.
- Acknowledge and respect the diverse spiritual and cultural beliefs of all participants.
- Avoid imposing personal spiritual views or attempting to “convert” others.
- Honour the roots of sacred herbal, energetic, and traditional healing systems without misrepresentation.
- Approach cross-cultural teachings with humility, crediting the lineages and teachers from which they arise.
- Respect the intellectual property of Anois Wellness and of your fellow students.
- Acknowledge and cite all sources, teachers, and lineages of wisdom where appropriate.
- Do not reproduce or commercialise course materials, rituals, or formulas without permission.
- Share knowledge in ways that uphold its sacred, educational, and communal value.

28. Environmental and Herbal Stewardship

- Respect the natural world as a living, intelligent ecosystem.
- Harvest and use plants sustainably, ethically, and in accordance with local laws.
- Avoid waste, overharvesting, and the use of endangered species.
- Offer gratitude and reciprocity in your herbal practice—give back to the land and community that sustain you.
- Handle all plant materials with reverence and care, recognising their energetic and medicinal significance.

29. Commitment to Lifelong Learning

- View this training as the beginning of a lifelong journey of study, humility, and self-discovery.
- Stay informed about new research, ethical standards, and developments in herbal and energetic fields.
- Continue to grow as a practitioner through mentorship, reflection, and service.

Commitment Statement

By enrolling in the Sacred Herbal Arts™ program, you commit to embodying the values of:

- **Integrity** — acting with honesty, fairness, and authenticity.
- **Compassion** — respecting the dignity and journey of all beings.
- **Wisdom** — applying knowledge ethically and responsibly.
- **Service** — using your gifts to uplift, heal, and contribute to collective wellbeing.
- **Reverence** — honouring the sacred nature of life, learning, and the plant realm.

Student Ethical Declaration

I have read and understood the Code of Ethics for the Sacred Herbal Arts™ Certified Herbal Energetics Practitioner Training.

I commit to upholding these values in my learning, practice, and continued conduct, and to representing Anois Wellness and the Sacred Herbal Arts™ community with integrity and respect.

Student Signature

Name: _____

Signature: _____

Date: _____



Anois Wellness Pty Ltd

W: www.anoiswellness.com

P: 0433 521 327

Instagram: @gardengypsyadelaide @anoiswellness

© Anois Wellness 2020 – 2026